

## Curriculum Vitae

### **DANIEL JOSEPH CARLAT, M.D.**

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#### **EDUCATION**

- 1979-83 A. B. University of California, Berkeley  
A.B. in Determinants of Mental Illness (Individually-  
Designed Major)  
*Cum Laude* and *Phi Beta Kappa*
- 1986-89 M.S. U.C.Berkeley/U.C. San Francisco Joint Medical Program  
M.S. in Health and Medical Sciences  
Emphasis in Medical Anthropology
- 1989-91 M.D. University of California, San Francisco (UCSF) School of  
Medicine

#### **POSTDOCTORAL TRAINING**

- 1991-92 St. Mary's Hospital and Medical Center, San Francisco, CA.  
Internship in Internal Medicine  
Overseas rotation (psychiatry) in Santiago, Chile
- 1992-94 Massachusetts General Hospital, Boston, MA.  
Residency in Adult Psychiatry
- 1994-95 Massachusetts General Hospital, Boston, MA.  
Chief Resident, Psychiatric Inpatient Unit
- 1997 Columbia University, College of Physicians and Surgeons, New York.  
Fellowship in Electroconvulsive Therapy

#### **LICENSURE AND CERTIFICATION**

- 1992 National Board of Medical Examiners, Diplomate  
1993 Massachusetts Medical License Registration #78644

- 1998 American Board of Psychiatry and Neurology, Certification in Adult Psychiatry #45018  
2008 American Board of Psychiatry and Neurology, Maintenance of Certification in Adult Psychiatry #45018

### **ACADEMIC APPOINTMENTS**

- 1992-95 Clinical Fellow in Psychiatry, Harvard Medical School  
2005-2008 Assistant Clinical Professor of Psychiatry, Tufts University School of Medicine  
2008- Associate Clinical Professor of Psychiatry, Tufts University School of Medicine

### **HOSPITAL APPOINTMENTS**

- 1991-92 Intern in Medicine, St. Mary's Medical Center, San Francisco, CA  
1992-95 Resident in Psychiatry, Massachusetts General Hospital, Boston, MA  
1994-96 Affiliate Staff Member, Carney Hospital, Boston, MA  
1995-96 Affiliate Staff Member, Newton-Wellesley Hospital, Newton, MA  
1996- Staff Member, Anna Jaques Hospital, Newburyport, MA  
1999-2002 Section Chief, Department of Psychiatry, Anna Jaques Hospital, Newburyport, MA  
2005- Staff Member, Tufts-New England Medical Center, Boston, MA

### **CLINICAL RESPONSIBILITIES**

- 1994-95 North Suffolk Mental Health Center  
301 Broadway, Chelsea, MA  
Psychopharmacologist  
1994-96 Carney Hospital  
2100 Dorchester Ave, Boston, MA 02124  
On-call Psychiatrist  
1995-96 Newton Wellesley Hospital  
2014 Washington St., Newton, MA 02162  
On-call Psychiatrist  
1996-2000 Harris Street Associates (Affiliate of Health and Education Services)  
52 Inn Street, Newburyport, MA 01950  
Psychopharmacologist  
1996-2002 Anna Jaques Hospital  
25 Highland St., Newburyport, MA  
Attending Psychiatrist, Inpatient Unit  
2000- Private Practice of General Psychiatry  
42 Pleasant St., Newburyport, MA 01950

### **ORGANIZATIONAL INVOLVEMENT**

- 2003- General Member  
American Psychiatric Association

- 2007- Co-Chair, CME Committee  
Massachusetts Psychiatric Society
- 2007- Member, National Physician's Alliance
- 2008- Member, *Ad Hoc* Work Group on Adapting to Changes in Pharmaceutical Revenue, American Psychiatric Association (Appointed by APA president for period required to produce report)
- 2008-2009 Member, Committee on Commercial Support, American Psychiatric Association
- 2008- APA Representative, Massachusetts Psychiatric Society (Elected for 3 year term)

## HONORS AND AWARDS

- 1983 Phi Beta Kappa and Cum Laude, University of California, Berkeley.
- 1990 UCSF Nominee, Rock Sleyster Memorial Scholarship for outstanding potential in psychiatry.
- 1995 George Ginsberg AADPRT/Charter Fellowship, awarded annually to seven psychiatry residents nationwide for excellence in teaching and administration.

## CLINICAL AND RESEARCH INTERESTS

1. The Diagnostic Interview
2. General Psychopharmacology
3. Pharmaceutical Industry Influence in Medical Education

## TEACHING EXPERIENCE

- 1993 MGH Psychosomatic Conferences
- When Should Psychiatrists Order Neuroimaging Studies?
  - Gender and Bulimia Nervosa: The Impact of Gender on Symptom Formation
- 1994-95 MGH Psychiatry Residency Inpatient Training Program
- The Psychiatric Interview (4-month course for PGY-2 residents combining didactics, observed live interviews, and videotaped interviews)
  - Coordination of weekly case conferences and teaching seminars
  - Clinical supervision, Bullfinch 3 Inpatient Psychiatry Unit, one hour weekly (PGY-2 residents)
- 1994-95 MGH Primary Care Medicine Residency Training Program Lectures
- Eliciting Sensitive Clinical Material

- Diagnosing Personality Disorders
- 1996 MGH Chronic Pain Conference
- Essentials of Effective Interviewing
- 2005- Tufts University School of Medicine, Department of Psychiatry
- Assistant Clinical Professor of Psychiatry
  - Core instruction in psychiatric interviewing for psychiatric residents
  - Core instruction in mental status exam for medical students

## LECTURES AND PRESENTATIONS

1. "Rural Medical Practice: A Personal Perspective," National Association of Community Health Centers, Annual Health Policy Seminar Series, San Francisco, California, 1988.
2. "Teenage Substance Abuse in a Rural Area," American Medical Students Association (AMSA) Annual Meeting Paper Session, Las Vegas, Nevada, 1989.
3. "Eating Disorders in Males," Harvard Medical School Department of Psychiatry Research Day Poster Session, Boston, Massachusetts, 1994.
4. Carlat DJ, Jacobs M, Shea S. "Models for the Use of Videotape in Teaching Psychotherapy and Interviewing Skills," American Association of Directors of Psychiatric Residency Training (AADPRT) Annual Midwinter Meeting, Workshop Leader, Tucson, AZ, 1995.
5. Carlat DJ, Camargo CA, Jr., Herzog DB. "Eating Disorders in Males: A Report on 117 Cases," Paper presentation at the American Psychiatric Association Annual Meeting, Miami, FL, 1995.
6. "Rapid Psychiatric Diagnosis for Primary Care Physicians," Medical Grand Rounds, Anna Jaques Hospital, Newburyport, MA, 1998.
7. "Psychiatric Interviewing Tips," Presentations for Eli Lilly and Co., Clinical Trial Start-Up Meetings, Indianapolis IN and Scottsdale AZ, 2000.
8. "Management of Anxiety and Depression," Medical Grand Rounds, Anna Jaques Hospital, Newburyport, MA, 2001.
9. "Evaluating Psychiatric Research: Lessons from *The Carlat Report*," Psychiatry Grand Rounds, Beth Israel Medical Center, New York, NY, July 2004.
10. "Evaluating Psychiatric Research: Lessons from *The Carlat Report*," Psychiatry Grand Rounds, Boston University Medical Center, Boston, MA, March 2005.
11. "The CATIE Trial: A Critical Review," Psychiatry Grand Rounds, St. Helena Hospital Center for Behavioral Health, Vallejo, CA, April 2006.
12. "Pharmaceutical Industry Influence in Psychiatry," Symposium Chairman, American Psychiatric Association Annual Meeting, Toronto, May 2006.
13. "Big Studies, Big Snafus," U.S. Psychiatric and Mental Health Congress, New Orleans, November 16, 2006.
14. "How well is the FDA Policing New Psychotropics?" U.S. Psychiatric and Mental Health Congress, New Orleans, November 16, 2006.

15. "Commercial Bias in Psychiatric Education: A Study of the 2006 Meeting of the American Psychiatric Association," Grand Rounds in Psychiatry, Tufts New England Medical Center, Boston, April 30, 2007.
16. "Commercial Bias in Psychiatric Education: A Study of the 2006 Meeting of the American Psychiatric Association," Symposium, American Psychiatric Association Annual Meeting, San Diego, May 22, 2007.
17. "Industry-Supported Symposia: Are They Promotional Gimmicks or Legitimate Medical Education?" Psychiatry Grand Rounds, Lenox Hill Hospital, New York, December 12, 2007.
18. "Big Pharma and Medicine: Understanding the Relationship," Speaker and Panelist, Association of Health Care Journalists Annual Meeting, Washington, D.C., March 28, 2008.
19. "Medical Education and the Pharmaceutical Industry: A Troubled Relationship," Invited Speaker, American Medical Students Association, St. Louis, MO, April 8, 2008.
20. "Psychiatry and the Pharmaceutical Industry: Problems and Solutions," Invited Speaker, Vermont Psychiatric Association Annual Meeting, Randolph, VT, April 12, 2008.
21. "Psychiatry and the Pharmaceutical Industry: Problems and Solutions," Psychiatry Grand Rounds, Wayne State University School of Medicine, Detroit, MI, April 16, 2008.
22. "Industry Funding of CME: How Drug Companies Have Taken Over Medical Education," Righting the Script: Improving Prescription Drug Policy in an Era of Health Reform, Conference hosted by The Pew Prescription Project, Washington D.C., December 8, 2008.
23. Written Testimony for Hearing, "Medical Research and Education: Higher Learning or Higher Earning?" Senate Special Committee on Aging, United States Senate, July 29, 2009.
24. "Medical Decisions and the Culture of Money," Keynote Address, Conference on Bioethics: Bioethics in Ordinary and Extraordinary Times, Michigan State Medical Society, Traverse City, MI, October 9, 2009.
25. "Psychotic Disorders: Overview and Management," Invited Lecture, 2010 Master of Psychopharmacology Course, American Physician Institute for Advanced Professional Studies, Orlando, FL, March 12, 2010.



## PUBLICATIONS

### Articles and Book Chapters

1. Carlat, D. A rural awakening. *The New Physician*, July-August: 11-12, 1989.
2. Carlat, D. Psychological motivation and the choice of spiritual symbols: A case study. *The Journal of Transpersonal Psychology*, 21: 139-148, 1989.
3. Carlat, D and Camargo, CA, Jr. A review of bulimia nervosa in males. *American Journal of Psychiatry*, 148 (7): 831-843, 1991.
4. Carlat, D. Eating disorders in males. *Practical Reviews in Psychiatry* (audio publication), May, 1994.
5. Carlat, D and Camargo, CA, Jr., Herzog, DB. Eating disorders in males: A report on 135 patients. *American Journal of Psychiatry*, 154: 1127-1132, 1997.
6. Carlat, D. The psychiatric review of systems: A screening tool for the family physician. *American Family Physician*, 58: 1617-1624, 1998.
7. Carlat, D. The Psychiatric Interview of the Older Patient. In: Agronin M and Maletta G, eds. *Principles and Practice of Geriatric Psychiatry*. Philadelphia: Lippincott Williams & Wilkins; 2006: 51-58.
8. Carlat, D. Generic Smear Campaign (op-ed article). *The New York Times*, May 9, 2006.
9. Carlat, D. Conflict of Interest in Psychiatry: How Much Disclosure Is Necessary? *Psychiatric Times*, 23(13), Nov. 1, 2006.
10. Carlat, D. A Critical Review of Methodology Issues in CATIE, STAR\*D. *Behavior Health Trends, Suppl to Drug Benefit Trends*, 19 (Suppl. A): 11-18, May 2007.
11. Carlat, D. My favorite tips for sorting out diagnostic quandaries with bipolar disorder and adult attention-deficit hyperactivity disorder. In: Shea SC, Guest Editor, *Psychiatric Clinics of North America*, 30(2):233-238, June 2007.
12. Carlat, D. Diagnosis: Conflict of Interest (op-ed article). *The New York Times*, June 13, 2007.
13. Carlat, D. Commentary on The treatment effects of selegeline transdermal system on symptoms of major depressive disorder: A meta-analysis of short-term, placebo-controlled, efficacy trials. *Psychopharmacology Bulletin*, 40(3): 29-31, 2007.



14. Carlat, D. Dr. Drug Rep. *The New York Times Magazine*, November 25, 2007.
15. Carlat, D. Physicians, Big Pharma, and Deception (editorial). *Clinical Psychiatry News*, April 2008 (Vol. 36, Issue 4, Page 9).
16. Carlat, D. Brain Scans as Mind Readers? Don't Believe the Hype. *Wired Magazine*, June 2008.
17. Carlat, D. Commercial Support: The Last Gasp (editorial). *Medical Meetings Magazine*, July 1, 2008.
18. Carlat, D. Dr. Drug Rep, in *Best American Science Writing, 2008*, edited by Sylvia Nasar, HarperCollins Publishers.
19. Carlat, D. Our Daily Meds: How the Pharmaceutical Companies Transformed Themselves into Slick Marketing Machines and Hooked the Nation on Prescription Drugs (book review). *Psychiatric Services*, 60(3):409-410, 2009.
20. Carlat, D. Has the regulation of physician-industry relationships gone too far? Regulation is Necessary. (Point/Counterpoint) *Internal Medicine News*. Volume 42, Issue 15, Page 12 (1 September 2009)

## **Books**

1. Carlat, D. *The Psychiatric Interview: A Practical Guide*. Baltimore: Lippincott, Williams and Wilkins, 1999.
2. Carlat, D. *The Psychiatric Interview: A Practical Guide*, 2<sup>nd</sup> edition, Baltimore: Lippincott, Williams and Wilkins, 2004.
3. Carlat, D. *When Molecules Collide: Drug Metabolism in Psychiatry*. Newburyport, MA: Clearview Publishing, 2005.
4. Carlat, D. *Treating Depression 2006: A Clinician's Update*. Newburyport, MA: Clearview Publishing, 2006.
5. Carlat, D. *Medication Fact Book for Psychiatric Practice*. Newburyport, MA: Clearview Publishing, 2007.
6. Carlat, D. *The Psychiatric Interview: General Practitioner Edition*. London: Lippincott, Williams and Wilkins, 2007.
7. Carlat, D. *Unhinged: The Trouble with Psychiatry*. New York: The Free Press, May 2010 (in press).

## Blogs

1. The Carlat Psychiatry Blog (<http://carlatpsychiatry.blogspot.com/>). Started June 2007. Average 400 visitors/day in 2010. Top 10 ranking on Wikio Health. Psych Central Outstanding Journalism Award, 2009.
2. Psychiatric Times “Couch in Crisis” Blog (<http://www.psychiatrictimes.com/blog/couchincrisis>), one of six “Featured Bloggers”.
3. Psychology Today Blog, “The New Psychiatry” (<http://www.psychologytoday.com/blog/the-new-psychiatry>)

## Editorial Positions

1. Founding Editor, *Practical Guide Series in Psychiatry*. Baltimore: Lippincott, Williams and Wilkins. Edited four books:
  - Substance Use, S. Gitlow, 2001
  - Consultation-Liaison Psychiatry, M. Blumenfield and M. Tiamson, 2002
  - Mood Disorders, N. Ghaemi, 2003
  - Dementia, M. Agronin, 2003
2. Editor and Publisher, *The Carlat Psychiatry Report* (monthly psychiatric newsletter). Newburyport: Clearview Publishing, founded 2003.
3. Editorial Board, *Psychopharm Review* (monthly psychiatric newsletter). Philadelphia: Lippincott Williams & Wilkins, 2006-

## REFERENCES

Available upon request